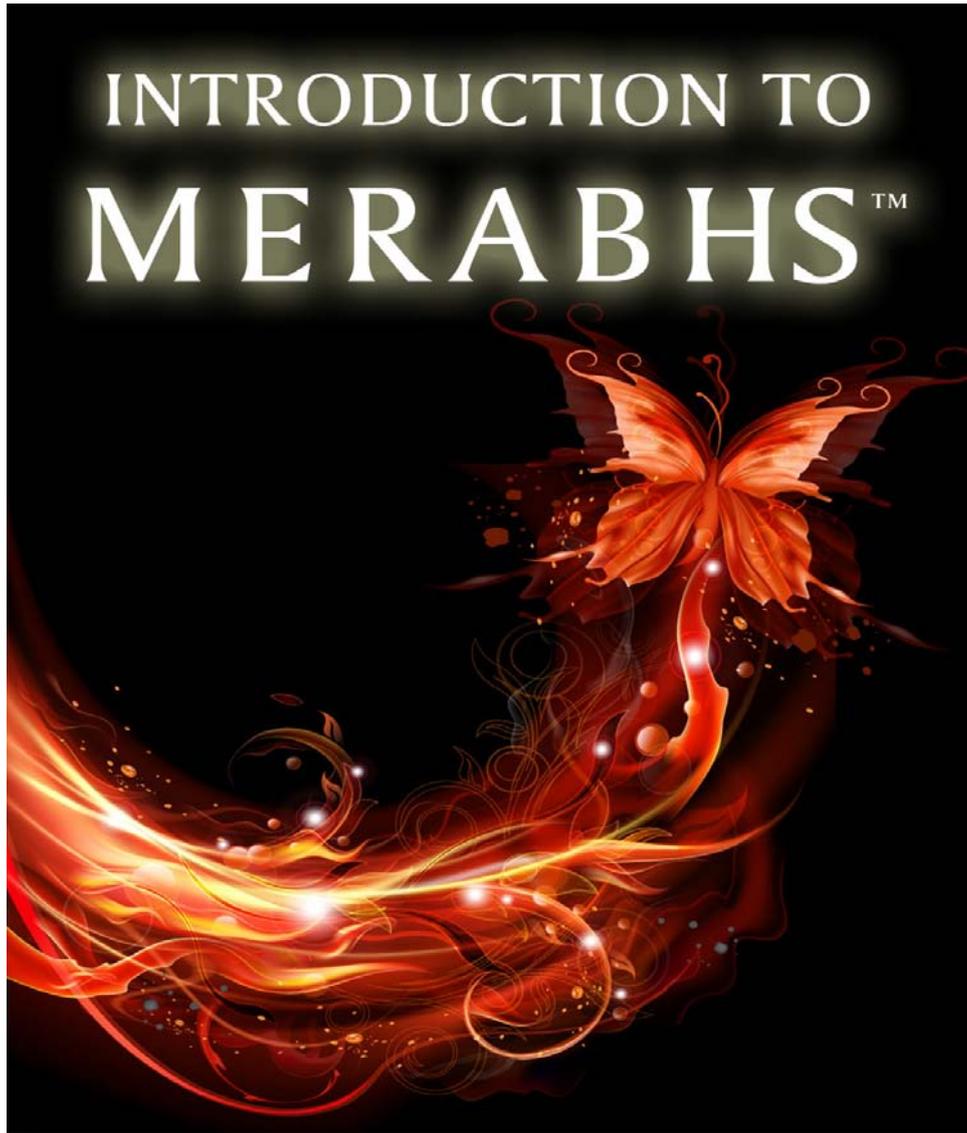
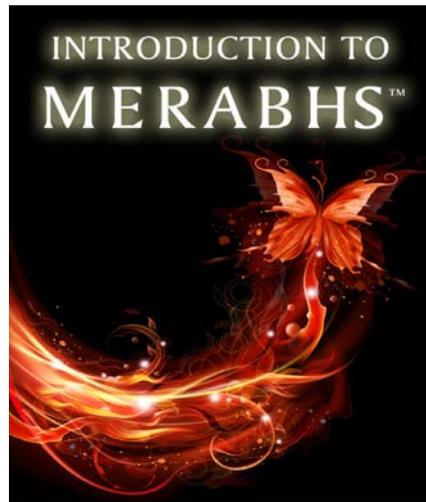


Adamus Saint-Germain  
The Yoham Project



CRIMSON CIRCLE

INSPIRE CONSCIOUSNESS



Recorded in  
Boulder, Colorado USA  
July 2012

*Featuring*  
Adamus Saint-Germain  
channeled through Geoffrey Hoppe  
*assisted by Linda Hoppe*

with

The Yoham Project  
*featuring*  
Gerhard Fankhauser, Einat Gilboa and Amir Ya'acoby

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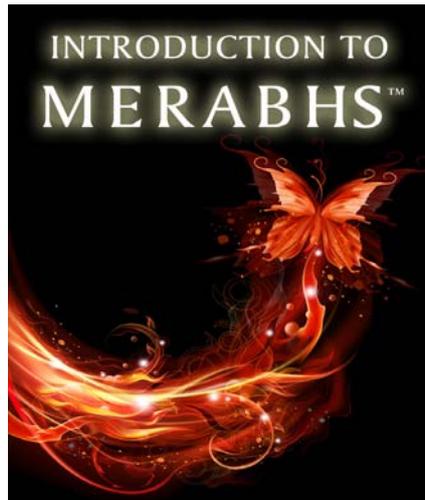
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*To experience the full energy of this session, it is recommended that you listen with headsets or good audio speakers in a safe, quiet space free of distractions and interruptions.*

LINDA: Breathe. Breathe the conscious breath, the breath of life, and feel all that you are.

Breathe into this safe space allowing yourself transformation in this Now moment.

Breathe. Breathe and receive the breath of life, the breath of all that you are.

Allow the energies to fill you, to support you.

Breathe and receive.

Breathe and allow.

Allow all that you are to this experience, for this experience.

Breathe ...

Breathe ...

Breathe ...

ADAMUS: I Am that I Am, Adamus of Sovereign Domain.

Welcome to the merabh. Welcome to this space, this place where changes can become so.

How does a human typically make changes in their life? They use force and thoughts. They focus from the mind. They push hard from their will. But, dear Shaumbra, there is a new way, a distilled way for bringing about changes in your life. It is called the merabh.

The merabh starts with a deep breath, a conscious acknowledgement of you – the I Am – in this space.

The merabh is about allowing the changes that you have already imagined, the changes that you are ready to bring into your human reality.

The merabh starts with the breath and the space and the passion.

So take a deep breath.

The merabh is a shift in consciousness, a shift that you could not possibly think your way into; you can simply accept.

The merabh is about opening to new potentials heretofore unseen by the limited human self, but imagined from within your hearts.

The merabh is peaceful. Quiet. Accepting.

Coming from your soul self and your divinity, making its way into this Now moment where you are.

The merabh is not brought in by angels or Adamus or Kuthumi. It is a very personal experience – you, your Body of Consciousness, your readiness to expand.

The merabh comes from ancient Lemuria when you were part light being, part human being, and it was used to effect changes, to bring in more of yourself into this very dense, dense place called Earth.

The merabh was used by the Lemurians for changes, for acceptance, for new potentials.

The merabh comes back now in these new times in a different way, but still with its simplicity and its clarity and its comforts.

A merabh can be just a few minutes or an hour. But time is irrelevant within the merabh. It is simply how much you are willing to accept.

Music is an integral part of the merabh. It helps to carry in these new forms of consciousness. The music plays, the music moves, the music clears.

The music is a beautiful accompaniment to this thing we call a merabh.

(pause)

The merabh can be used to allow changes in any part of your life, of your reality, of your consciousness. It can be used to balance the biology, to integrate the aspects, to open up new creative channels.

The merabh can bring in a new understanding of abundance. It can be the point of allowing yourself to go from the mental state of being into your divine intelligence.

And in the merabh – each merabh, each shift in consciousness – it brings in yet another degree of your divinity into the body, into the being, into the consciousness here on Earth.

There is no force needed in the merabh, no pushing. No mental activity is needed. No, the merabh comes in with the passion of you, and with the openness of you, with your feeling and your choice.

There's no stress in the merabh. It flows in joy.

There are no limitations in what you are thinking. The thoughts become irrelevant.

There's no pressure, no force, no pushing.

Just the subtle breath and the openness.

It comes in because you've asked for it. It doesn't need anything else. No tricks, no magic. Just your openness.

The merabh is what you have already imagined and already dreamt about in the other realms, and now it comes to you.

It comes to you.

In each merabh we do together, simply open yourself to what is already yours, what you have already created, what comes from you and your divine.

As we go into each merabh, take a deep breath. Let yourself feel and experience this shift in consciousness, this distillation, this clarity.

The merabh – your way of bringing the shift of consciousness, the shift that you have asked for, and the shift that is now here.



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